



DISCLOSURE DOCUMENT

Welcome to the 2026 Vanguard Lacrosse Club season! We're excited to provide a competitive and fun experience for high school boys. Below you'll find details on registration, fees, expectations, and what's included.

Club Mission & Purpose

Our mission is to develop skilled, confident young athletes through high-level lacrosse instruction, competitive play, and a culture of teamwork, sportsmanship, and joy in the sport.

Vanguard Lacrosse Club exists to provide high school boys in Utah with a **fun, positive, competitive, and development-focused lacrosse experience**. We aim to develop skilled athletes who demonstrate **integrity, leadership, and teamwork** both on and off the field. We strive to prepare players for the next level of lacrosse, while fostering a lifelong love of the game.

Club Overview

In the 2026 summer season, we plan to field two teams per tournament/league: **Gold** and **Silver** (based on skill level). Gold and Silver rosters will be highly competitive, with players expected to demonstrate strong skills, lacrosse IQ, work ethic, and commitment.

We will officially begin our season on **MONDAY, JUNE 1st, 2026**. Rosters will be posted on **MONDAY, JUNE 1st, 2026**.

Communications

During the season, we will be using **GroupMe** to communicate updates, information on events, and announcements. If at any point during the season a player or parent would like to meet with coaches one-on-one, these meetings **MUST** involve Coach Dave and one other coach.

Season Overview

Players will have practices **twice a week (Mondays and Wednesdays)**, focusing on skill development, team strategies, and fun. Tournaments and league games will be held on weekends, allowing players to apply what they've learned in a competitive setting. This structure ensures consistent development while balancing school and personal commitments. The leagues and tournaments included are outlined below:

- Salt Lax City: June 5-6, 2026
 - Location:
 - Western Sports Park: 25 N Sports Park Way, Farmington, UT 84025
 - Farmington Regional Park: 178 S 650 W, Farmington, UT 84025
 - Park City Showdown: June 26-28, 2026
 - Location:
 - Rocky Mountain Middle School: 800 School House Way, Heber City, UT 84032
 - Wasatch High School: 930 500 E, Heber City, UT 84032
 - Ecker Middle School: 2465 Kilby Rd, Park City, UT 84098
 - Trailside Park: 5650 Trailside Drive, Park City, UT 84098
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Player Fees

Club Fee: \$600 per player.

The club fee covers **all club-organized expenses**, including but not limited to:

1. Tournament and club entry fees;
2. Club pinnie (uniform) and shooter shirt provided to the Player;
3. Coaching stipends for five (5) Club-appointed coaches;

4. Field rentals for practices and team events;
5. Balls and team training supplies;
6. Club operating expenses, including administrative and accounting costs.

Player-Paid Separately

- Travel & lodging for tournaments (family responsibility)
 - Meals during practices/tournaments
 - **USA Lacrosse Membership (\$35/year, required for insurance & eligibility)**; proof to be submitted as part of the registration process.
 - Register [HERE](#)
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Registration Requirements

1. Registration opens March 1st, 2026 and will remain open until Wednesday, April 29th, 2026.
 2. **Pay Club Fee (\$600)** by **Wednesday, April 29th, 2026**.
 3. **Maintain Current USA Lacrosse Membership** (\$35/year, register at usalacrosse.com).
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Key Notes for Parents

- Club fees are **all-inclusive** for participation in Legacy Lacrosse Club events.
 - Travel, meals, and lodging are **not included** and handled by families.
 - Fees are **non-refundable after registration deadline**.
 - Our mission is to provide top-level lacrosse development, leadership, and team culture.
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Contact & Questions

- **Club Director:** Dave Sumner
 - **Email:** LegacyLaxClub@gmail.com
 - **Phone:** (540) 846-9190
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Nondiscrimination Statement

Vanguard Lacrosse Club does not discriminate on the basis of age, ethnicity, disability, national origin, race, religion, or gender in its programs or activities. Please contact the Club Director if you have any questions or concerns.

Spots are limited — secure your roster spot today!

